

Summer 2019

Monday Color Codes

Pre-School Classes
Grade School Classes
Beginner/Int Classes
Intermediate Classes
Int/Adv Classes
Advanced Classes
Adult Classes

Studio B

Studio C

Extension

Barre 5:30-6:25	ZUMBA
7-11 Turns & Cond JJ 6:30-7:30*	Power Yoga 12+ 6:30-7:30
	12+ Company Combo Class JJ 7:30-8:15*

Tuesday

Studio A

Studio B

Studio C

Extension

CM II (3.5-4) JL 4:30-5:15	Tap Beg/Int TH 4:30-5:15	Acro Int/Advanced AC 4:30-5:15	Stretch JI 4:30-5:15
Hip Hop (4-5) JL 5:15-6:00	Tap Int/Adv TH 5:15-6:00	Ballet Beg 7+ LK 5:15-6:00	J/L/T Int 8+ JI 5:15-6:00
Pre-Ballet (4-5) JL 6:00-6:45		Acro Beginner AC 6:00-6:45	Stretch (advanced) JI 6:00-6:45
		Hip Hop 7-9 ES 6:45-7:30	Jumps/Leaps/Turns Adv 12+ JI 6:45-7:30
		ZUMBA	Improv Tech 12+ JI 7:30-8:15

Weds

Studio A

Studio B

Studio C

Extension

CM (2.5-3.5) CP 4:30-5:15		PrePointe/Pointe 10+ LK 4:30-5:15	J/L/T 7+ Beginner JI 4:30-5:15
Ballet/Tap 5-7 CP 5:15-6:15	Hip Hop Int/Adv 10+ SW 5:15-6:00	Advanced Ballet Tech 12+ LK 5:15-6:30	Improv Tech 8-11 JI 5:15-6:00
	Lyr/Cont (Int) 9-12 FR 6:00-6:45	Hip Hop Adv 12+ SW 6:30-7:15	Stretch JI 6:00-6:45
		Lyr/Cont (Int/Adv) 12+ FR 7:15-8:00	J/L/T Int/Adv 10+ JI 6:45-7:30
		Adult Hip Hop FR 8:00-8:45	Floor Barre 7:30-8:00
			Hip Hop Cypher SW 8:00-8:45

*Company Only